



*"Building strong, healthy, self-sufficient families since 1992"*

Website: [www.fscss.org](http://www.fscss.org)

3545 7<sup>th</sup> Ave SW STE 200, Olympia, WA 98502

Phone: (360) 754-9297 Fax: (360) 943-1139

**Contact:** Trish Gregory  
**Telephone:** 360-754-9297 ext. 206  
**Email:** [trishg@fscss.org](mailto:trishg@fscss.org)  
**Website:** [www.fscss.org](http://www.fscss.org)

**FOR IMMEDIATE RELEASE**  
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## **Family Support Center of South Sound Turns Mother's Day into a WHOLE Week of Celebration!**

Olympia, Wash. – Each year, the Family Support Center of South Sound (FSC) hosts an annual Mother's Day 5K and FREE 1 Mile Kids run as a way to engage the entire community, encourage fun and healthy family activities, and raise money that supports critical programs and services for families with children and survivors of domestic violence. Since FSC cannot host an in-person event this year, they decided it would be fun to spend a whole week celebrating moms across the entire community! You are invited to join them for one, two, or all of the fun, family friendly activities presented from Monday, May 3 through Sunday, May 9.

The 7th Annual Mother's Day 5K and FREE 1 Mile Kids Run will be a virtual event this year, kicking off on Monday, May 3, and ending on Mother's Day. You can run, walk, or roll the whole thing at once or break it up into sections. Just make sure to post your time (and your photos!) by 11:59 p.m. on Sunday, May 9. Family Support Center knows how important it is to connect and wants this virtual event to still be as fun and engaging as an in-person event would be. Participants of every age will be provided race bibs, adults will receive race medals, and youth will get buttons. There will be ribbons for top finishers and a few fun categories, such as, 'First person to post their time' and 'Best finisher photo.' Leading up to the big week, FSC will be suggesting local trails, sharing fun videos, and auctioning off exciting items!

In honor of Mother's Day, FSC is offering 'Cards for a Cause.' Cards for a Cause are a way for you to give a unique gift to someone you love while benefitting FSC. Each card represents support for a family in need as follows:

- \$10 provides food and drink for a family
- \$25 supports one night of shelter for a child
- \$50 affords new bedding for a family
- \$100 provides four hours of one-on-one assistance with resources, parenting education, and social emotional assistance for a parent who is struggling

For Mother's Day, FSC is also offering something a little special for anyone who want to spoil a mom in the area with a \$100 gift package. The 'Spoil a Mom!' package includes a custom card, a lovely planter with a colorful mix of flowers, and a box of delicious baked goods from Gotti's Sweets. The FSC Board of Directors will personally deliver these care packages during Mother's Day weekend (May 8 & 9) to your mom, a mom who made a difference in your life, or a mom who could use a little extra love this year. Order today at [www.fscss.org](http://www.fscss.org)!

The agency will also be hosting an auction each night with some great packages like the Wine and Ski package, hand crafted living floral arrangement, gift certificates to local restaurants, and more! Board Chair,

Marie Lanese, will host an exciting class that teaches participants how to create lovely, no sew, lavender sachets. This is a great gift idea for mom, or better yet, buy your mom a ticket and do it together! FSC will also host a photo contest and a few other fun things to engage and connect with Thurston County residents. Check out their website ([www.fscss.org](http://www.fscss.org)) or [Facebook page](#) for more information.

Development Director, Maija Glasier-Lawson, noted, “The annual Mother’s Day event has always been a great way to raise much needed funding for our programs, but it has also served as a way for us to have fun celebrating moms with our whole community. Though we can’t get together in person, we still really want to connect with people, to have fun together, and to celebrate (and spoil!) all of the amazing moms in our lives.”

If you are interested in participating in Family Support Center of South Sound’s weeklong Mother’s Day celebration, please visit the website at [www.fscss.org](http://www.fscss.org) or Facebook page. There are still sponsorship opportunities available for this event. For sponsorship opportunities, please contact Maija via email at <mailto:majag@fscss.org>.

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About Family Support Center of South Sound:

The Family Support Center of South Sound is a non-profit organization and multi-service agency located in Olympia, Washington. The organization, founded in 1992, provides families and survivors of domestic violence with coordinated, supportive services in one centralized location. You can find out more about the organization at [www.fscss.org](http://www.fscss.org)" [www.fscss.org](http://www.fscss.org). If you would like to make a financial contribution toward the health and safety of families and survivors in our community, [CLICK HERE!](#)