



Parent and Child Education

ABOUT THE PROGRAM

Family Support Center of South Sound's Parent and Child Education program is designed to empower and equip parents with the knowledge and skills necessary to navigate the challenges of raising children. Our program is guided by the Strengthening Families Protective Factors Framework: Parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need, and social and emotional competence of children.



SERVICES

The program offers a range of FREE workshops, groups, and services for parents in the South Sound region including:

- 1:1 parenting support tailored to the needs of each family. Whether it's CPS involvement, mental health, special needs, ages & stages development, or more, we're here to support you.
- Weekly Drop-In Breast/Chest Feeding Group- A casual, peer-to-peer group that is guided by our Parent Educator, where we talk about everything lactation.
- Monthly PowerParenting workshops- New topics every month, check out our website for more! Each class is adapted to the needs of the families attending the workshop.
- Connection to other community resources and services for parents and their children.

MEET OUR EDUCATOR

Linda, our Parent Educator, has an engaging and empathetic approach that makes her a valuable resource for families seeking guidance and support in their parenting journey. Linda has over 20 years of experience serving families in our community and is a lactation specialist.



QR Code leads to Weekly
Drop-In Breast/Chest
Feeding Group!

Family Support Center of South Sound programs provide supportive services and limited financial assistance. Funding is based on availability and is not guaranteed for any program/service.

For more information about Parent and Child Education:



fscss.org



Text only
360-453-7757



lindas@fscss.org